

	Session #	Date/Time	Topic
Part 1 The Vision	Session 1	October 8th, 2020 4:30-6:30pm MST	Awareness and Connection: Skills and Techniques
	Session 2	October 15th, 2020 4:30-6:30pm MST	Awareness and Connection: Skills and Techniques
	Session 3	October 22nd, 2020 4:30-6:30pm MST	Awareness and Connection: Skills and Techniques
Part 2 Setting a New Direction	Small group meeting 1	<i>TBD by group</i>	<i>Listening, Sharing, Support</i>
	Session 4	October 29th, 2020 4:30-6:30pm MST	Planning and focusing
	Small group meeting 2	<i>TBD by group</i>	<i>Listening, Sharing, Support</i>
	Session 5	November 5th, 2020 4:30-6:30pm MST	Planning and focusing
Part 3 The Incorporation	Small group meeting 3	<i>TBD by group</i>	<i>Listening, Sharing, Support</i>
	Session 6	November 12th, 2020 4:30-6:30pm MST	Integration and incorporation
	Small group meeting 4	<i>TBD by group</i>	<i>Listening, Sharing, Support</i>
	Session 7	November 19th, 2020 4:30-6:30pm MST	Integration and incorporation